



WEEK 2

LESSON GUIDE



MUSIC | Listen to “Who You Say I Am” by Hillsong.

THE BIG IDEA | Jesus helps me believe.

VIDEO | Play this week’s teaching video provided on Church Website.

BIBLE STORY | John 20:19-20, 24-29

- Last week, we learned about the women going to the tomb and learning Jesus beat death! Jesus was no longer in the tomb because Jesus was alive. Let's look at the Bible and I'll read what happened next.
- **INSTRUCTIONS:** Read John 20:19-20.
- The disciples were so excited to see Jesus! But not everyone was there. One of the disciples was missing — Thomas. Let's keep reading.
- **INSTRUCTIONS:** Read John 20:24-29.
- Thomas didn't believe what his friends were saying. He didn't believe Jesus beat death. So, Jesus helped Thomas. Jesus appeared to all the disciples in the same room a second time! And this time, Thomas was with them. And when Thomas saw the marks where Jesus had been nailed to the cross, and when he touched them, he believed. Jesus helped Thomas believe! Jesus loves us so much, Jesus will help us believe!

ACTIVITY | Using Our Senses

- **INSTRUCTIONS:** Draw images of eyes, ears, a mouth, a nose, and a hand. Hold up each image as you talk about it. You can have your child point to each body part, too.
- We learn about the world around us using our senses. Our sense are what our eyes, ears, mouth, nose, and hands do!
- **What do we use our eyes for? Can you name some things you can see?**
- **What do we use our ears for? Can you name some things you can hear?**
- **What do we use our mouth for? Can you name some things can you taste?**
- **What do we use our nose for? Can you name some things you can smell?**
- **What do we use our hands for? Can you name some things can you touch?**
- The disciples were able to use their eyes, ears, mouth, nose, and hands to know Jesus was there. But Thomas was not there.
- When Thomas saw Jesus and was able to use his senses to know Jesus was there, he believed! And then Thomas went and told as many people as he could about Jesus! Jesus helped Thomas believe!

ACTIVITY | Draw a huge question mark in the center of a piece of paper. As the kids answer the questions, write their answers on the poster.

- **What are some questions you have?**
- **Who can tell me the name of someone they can go to when they have a question?**
- When we don't know something, or when we are not sure about something, we should always ask for help. Jesus helps us to believe by giving us people we can turn to. Always remember: **Jesus helps me believe.**

PRAYER Jesus, thank You for loving me. Help me to B-E-L-I-E-V-E.